



# Fabric Softener

## INGREDIENTS:

4 cups of sea salt  
30 drops of lemon essential oil

## METHOD:

Place sea salt in a large reusable container, add 30 drops of lemon essential oil then shake to combine.

## TO USE:

Add ½ cup per load. Depending on your washer, you will either add it to the spot for fabric softener, or in with the clothes. It works for front loaders and top loaders.

Making your own fabric softener doesn't need to be a huge ordeal. It's. too. easy. But not at all less effective than store-bought, intricate concoctions that are loaded with toxins!

